

citori

S A D D L E S

Muscle Wastage



Due to continued use of ill fitting saddles, it is easy to see the advanced stages of muscle wastage.

A horse's back shape is usually a reflection of how well his saddle fits.

Muscle Wastage is usually caused by previous injuries, discomfort or restrictions imposed upon the ridden horse as he tries to cope with an ill-fitting saddle.

If the saddle doesn't fit the horse, the more you work him, the more pronounced the problems will become.

Some of these symptoms may be: Wasted, damaged, sore muscles; poor muscle development; unnatural hoof growth and wear; unnatural movement; poor performance or girth shyness.

This can turn an easygoing horse into one that has an "attitude", often displaying behavioural problems and training difficulties.

When you book a Citori Saddle Clinic, (private or groups N.Z. wide) we show you: Our Citori Saddling System which has been designed to help you understand the ever changing back of the horse, and how to identify and correct saddle related problems.

- How to monitor your horse's back.
- How to easily identify a natural back shape.
- How to identify and correct muscle wastage from early through to advanced stages.
- How to identify and correct muscle damage and soreness.
- How to recognise the difference between restricted, unnatural and natural movement.
- Your current saddle and how it fits.
- Sweat Marks and what they mean.
- The Citori Saddle and what it can do for you.
- How to improve you horse's movement, attitude and well being
- How to redevelop asymmetrical back shapes and muscle wastage through our recovery programmes.

Citori Saddles with their unique design and fit, allow the horse significant freedom of movement. This enables the horse to be ridden in comfort, usually bringing about improvements in muscle condition, performance, work attitude and behaviour. Most horses under a correctly fitting Citori Saddle usually show a marked improvement, while allowing the rider a naturally correct position of balance.

Citori Reassessment Graphs

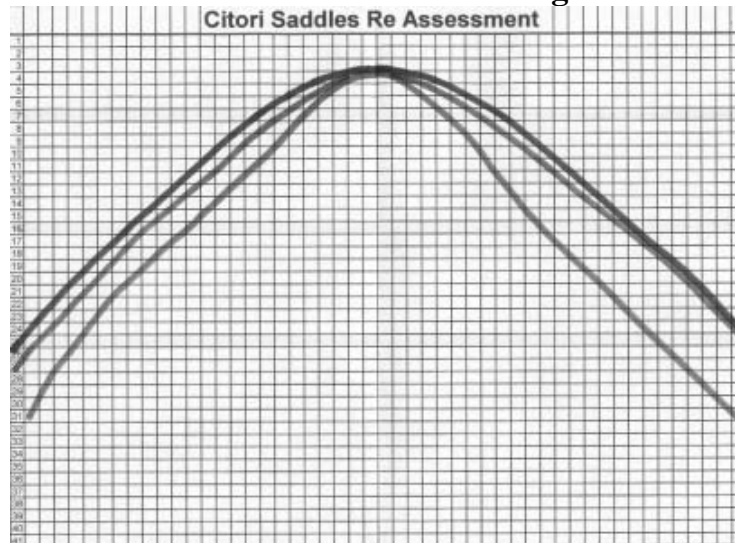
This is part of our monitoring system which shows you what changes have taken place since the horse was originally assessed.

Red line - First Assessment: This shows an asymmetrical back shape with evidence of muscle wastage, which has resulted from using an ill fitting saddle.

Blue line - Reassessment: From the red line to the blue line you can see the improvement, that is, how the horse's back shape has changed.

This change is typical for horses using a Citori Saddle in conjunction with our recovery programme.

Shoulder Wither Tracing



5 year old Arab/X Gelding

Results: Gain

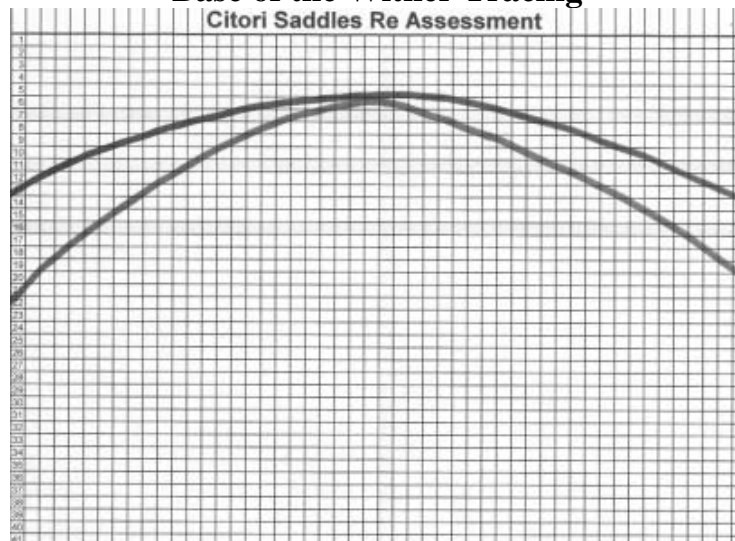
Left Side: Top: 1.5 cm. Middle: 2.0 cm. Bottom: 2.0 cm.

Right Side: Top: 2.0 cm. Middle: 3.0 cm. Bottom: 3.0 cm.

Overall Results: Gain

Top: 3.5 cm. Middle: 5.0 cm. Bottom: 6.0 cm.

Base of the Wither Tracing



6 year old CLYD/X Mare

Results: Gain

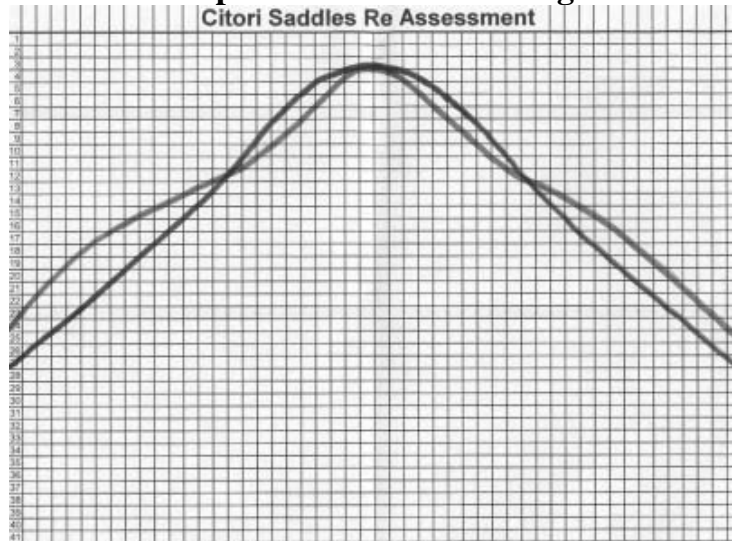
Left Side: Top: 2.5cm. Middle: 4.5cm. Bottom: 5.5cm.

Right Side: Top: 3.5cm. Middle: 4.8cm. Bottom: 5.0cm.

Overall Results: Gain

Top: 6.0cm. Middle: 9.3cm. Bottom: 10.5cm.

Top of the Wither Tracing



19 year old Pony

Overall Reductions: Bottom: 1.8cm. **Overall Gains:** Top: 0.6cm.

Within 1 month and 3 days, the changes were amazing to see!!

The blue line shows that the bulges have almost disappeared.

The pony is almost symmetrical in its shape.

Before Photos



Left Photo: You can clearly see that the left shoulder is bigger than the right, with the right shoulder falling away. There is a distinct bulge on top of the left shoulder with a smaller one evident on the right. The muscle wastage is quite pronounced on either sides of the wither.

Right Photo: Here the unnatural shoulder shape and muscle wastage is obvious.

After Photo



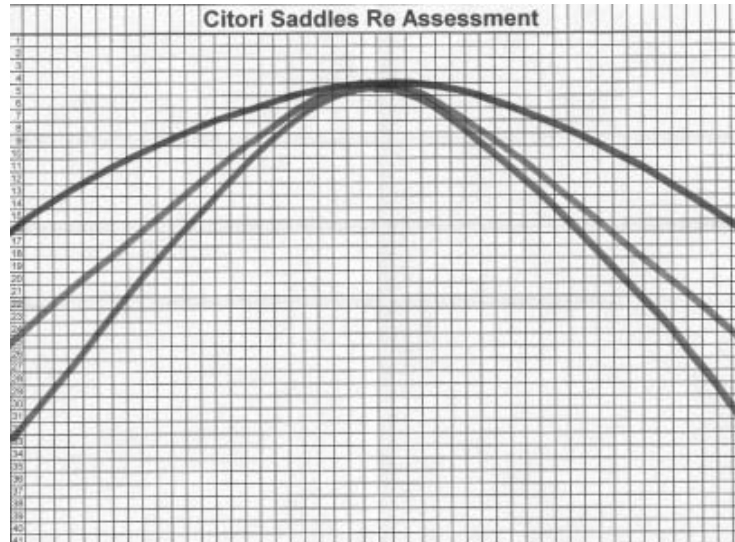
After Photo: Here we see the significant improvement in the left shoulder. It is almost the same as the right. The bulges have almost disappeared and the wasted muscles have almost redeveloped back to normal.

Citori Saddles Reassessment

Our Citori Reassessments offer an updated written report of your horse's progress, along with a graph that shows the redevelopment or maintenance of your horse's back.

We also supply ongoing after sales support and advice at no charge.

These Graphs Show Typical Improvements



6 year old CLYD/X Mare

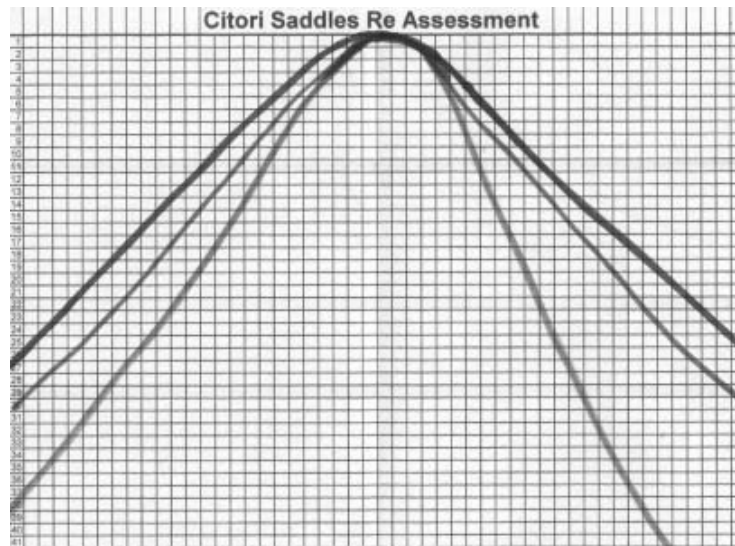
Results: Gain

Left Side: Top: 3.8cm. Middle: 6.4cm. Bottom: 7.4cm.

Right Side: Top: 4.4cm. Middle: 6.0cm. Bottom: 7.4 cm.

Overall Results: Gain

Top: 8.2cm. Middle: 12.4cm. Bottom: 14.8cm.



14 year old TB Gelding

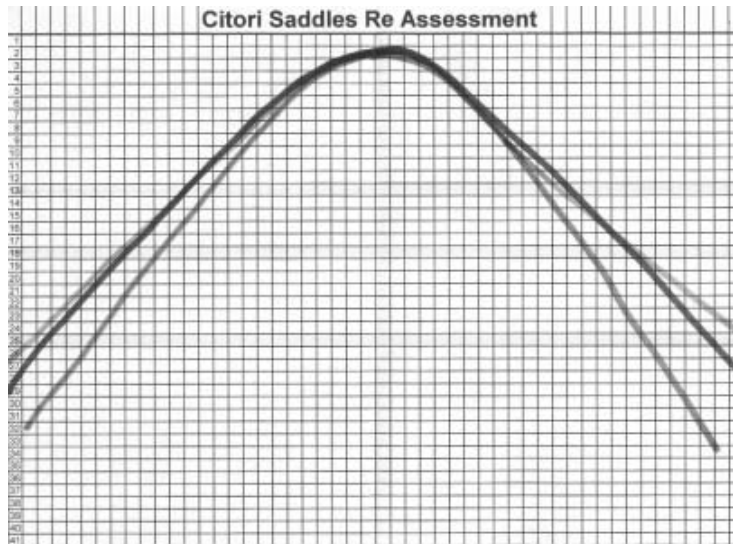
Results: Gain.

Left Side: Top: 2.2cm. Middle: 4.4cm. Bottom: 5.0cm.

Right Side: Top: 2.7cm. Middle: 6.4cm. Bottom 8.0cm.

Overall Results: Gain

Top: 4.9cm. Middle: 10.8cm. Bottom: 13.00cm.



6 year old Irish/X Gelding

Results: Gain.

Left Side: Top: 0.7cm. Middle: 1.2cm. Bottom: 2.2cm.

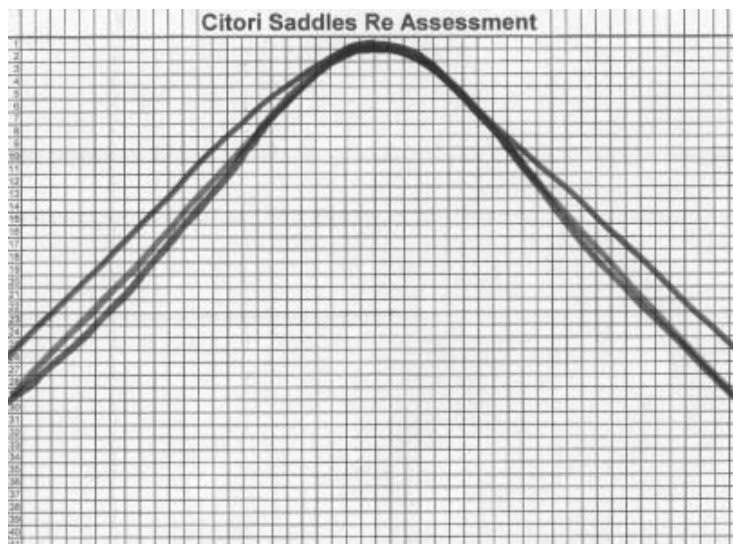
Right Side: Top: 0.7cm. Middle: 1.5cm. Bottom: 2.0cm.

Overall Results: Gain.

Top: 1.4cm.

Middle: 2.7cm.

Bottom: 4.2cm.



11 year old HOL/X Gelding

Results Gain

Left Side: Top: 0.8cm. Middle: 1.0cm. Bottom: 1.5cm.

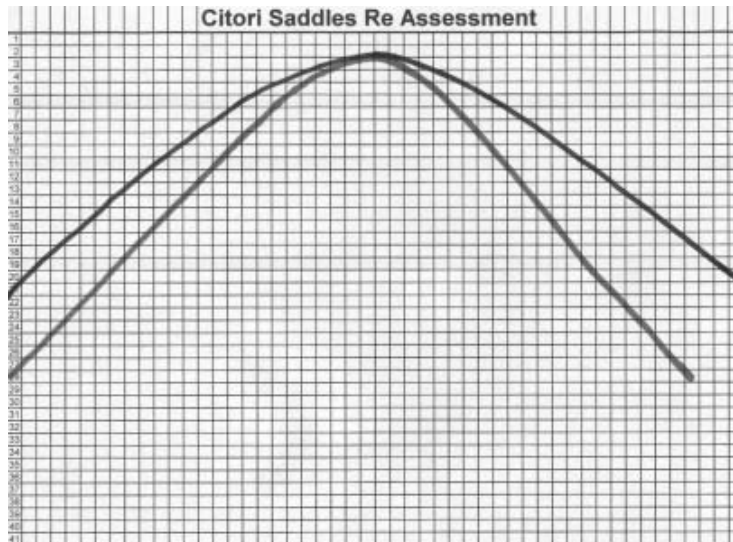
Right Side: Top: 0.8cm. Middle: 1.0cm. Bottom: 1.5cm.

Overall Results: Gain

Top: 1.6cm.

Middle: 2.0cm.

Bottom: 3.0cm.



11 year old PER/X Gelding

Results: Gain

Left Side: Top: 1.2cm. Middle: 2.0cm. Bottom: 2.4 cm.

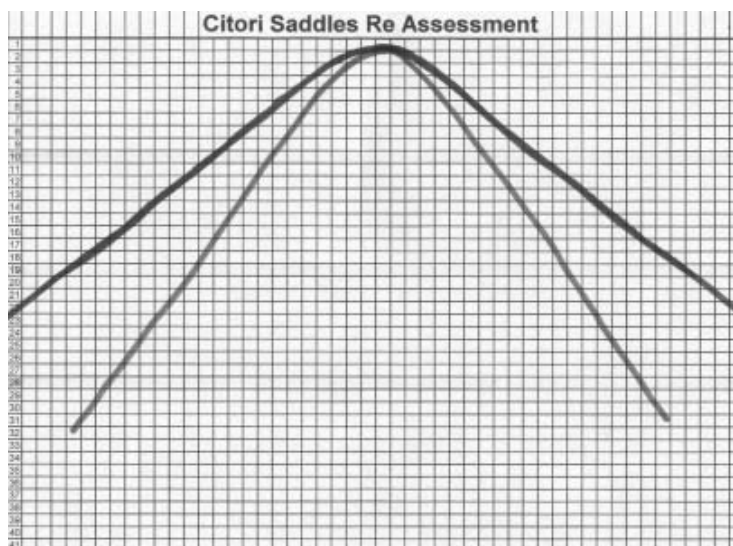
Right Side: Top: 1.0cm. Middle: 2.5cm. Bottom: 3.6cm.

Overall Results: Gain

Top: 2.2cm.

Middle: 4.5 cm.

Bottom: 6.0 cm.



13 year old TB Mare

Results: Gain

Left Side: Top: 2.3 cm. Middle: 4.6 cm. Bottom: 6.5 cm.

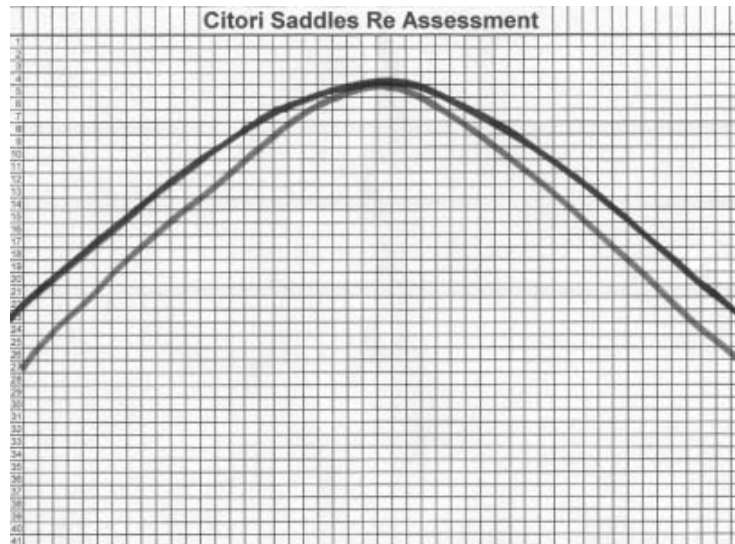
Right Side: Top: 1.9 cm. Middle: 4.5 cm. Bottom: 7.0 cm.

Overall Results: Gain

Top: 4.2 cm.

Middle: 9.1 cm.

Bottom: 13.5 cm.



5 year old Appaloosa Mare

Results: Gain.

Left Side: Top: 1.3cm. Middle: 1.5cm. Bottom: 2.0cm

Right Side: Top: 1.0cm. Middle: 1.2cm Bottom: 1.2cm

Overall Results: Gain.

Top: 2.3cm.

Middle: 2.7cm.

Bottom: 3.2cm

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